

### Exodus 3:7

*“And the Lord said, ‘I have surely seen the oppression of My people who are in Egypt, and have heard their cry because of their taskmasters, for I know their sorrows.’”*

Since the incarnation, this is all the more true. He has seen oppression with the eyes of man. He watched the brutal way in which men oppressed men. He saw tax collectors steal from men, to support their sinful lifestyles, soldiers abuse their authority, instilling fear in the people, and religious leaders manipulate the people, to gain power over their lives and attain positions of prominence.

With His ears, He has heard the cries of men. He heard the cry of the widow, whose son had died, the leper who pleaded for a healing touch, and the publican, who cried out for mercy. He also heard the cries as the mob, who exalted Him as Lord one day, only to demand His death a few days later.

He also knows our sorrows . He sat with friends who lost their brother, and wept alongside them. More than knowing our sorrows as a comforter, He knows them as a victim. He learned first hand, the pain of betrayal, rejection, and hatred. His back felt the searing pain of the Roman whip, His brow the thorns, His hands and feet the nails. He knew the disgust of being spat upon, ridiculed and falsely accused. Yet he remained silent before His accusers, as he endured the cross and despised its shame.

As we face the pain, sorrow, and difficulty of life, and are tempted to raise accusations against God that he does not care or understand, remember, He not only sees with a watchful eye of heaven, but He, Himself, bore our sorrows and is acquainted with our grief.

Pastor Jim